



## Congenital Heart Disease Program

**Congenital heart disease is a term used to describe a number of different conditions that affect the heart from birth. *PULSE + Plus™* works with its specialty service providers to provide you with collaborative oversight to solve your congenital heart disease population challenges**

### Facts

- Congenital Heart Disease (CHD) affects up to 1 in 100 babies born in the United States, making heart defects the most common birth defect.<sup>1</sup>
- CHD can range from simple to complex. Some conditions can simply be watched by a cardiologist while others require complex surgery, sometimes soon after birth.
- Adults living with CHD comprise an expanding population of heart disease patients. There are approximately 1.4 million adults with CHD in the United States, which exceeds the number of children living with congenital heart defects.<sup>2</sup>
- Pediatric hospitalizations with CHDs accounted for approximately \$5.6 billion in hospital costs, representing 15.1% of costs for all pediatric hospitalizations in 2009. Hospitalizations with critical CHD accounted for 26.7% of all costs for CHD hospitalizations.<sup>3</sup>

### Program Features

- Facilitate access to the industry's leading CHD Centers of Excellence Network
- All facilities in the network have been credentialed based on the volume and clinical outcomes
- Use of a CHD network contract can reduce the chance of discharge mortality
- Use of a CHD network contract can reduce the members' length of stay

<sup>1</sup><https://www.cdc.gov/ncbddd/heartdefects/features/kf-chd-estimates-us.html>

<sup>2</sup> <https://www.heart.org/en/news/2018/08/15/more-personalized-guidelines-for-treating-adults-with-congenital-heart-disease>

<sup>3</sup> <https://www.cdc.gov/ncbddd/heartdefects/data.html>

Contact your **PULSE + Plus™** Clinical Consultant to see how this Program can work for you.



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